

SWLSIYI

SW LONDON & SURREY IYENGAR YOGA INSTITUTE

SWLSIYI invites 2017/18 members to a **FREE** workshop with Lin Craddock

General Workshop with Lin Craddock and SWLSIYI AGM

Sunday 7th May 1 to 5pm



Having studied and practised Iyengar Yoga for over 30 years, Lin's passion for and dedication to the subject is matched only by her knowledge and ability as a teacher. Lin has qualified as a Senior Iyengar Yoga Teacher and continues her studies, making regular trips to India.

**1st East Putney Scout Group,
42 Oxford Road, Putney, SW15 2LQ**

<http://www.eastputneyscoutcentre.org/map.htm>

(The workshop venue is equidistant from East Putney Underground and Putney Rail stations, under a five-minute walk from either. Parking is allowed on single yellow lines, and parking bays are free, on Sunday in Putney.)

This workshop is suitable for those with at least one year of Iyengar yoga practice.

Members of IY (UK) and other Member Institutes are welcome to join us for a reduced price of £10 (or join SWLSIYI as a secondary institute for £8). Non-affiliated yogis are also welcome, at the full rate of £25.

PLEASE BRING YOUR OWN EQUIPMENT:

a mat, four/five blocks, two bricks, two belts, and a blanket

Delicious homemade refreshments will be served after the yoga workshop – contributions welcome!

A small part of the afternoon will be devoted to the **SWLSIYI** Annual General Meeting, a formal requirement of our constitution as an organisation.

We expect participants to attend the AGM.

Join **SWLSIYI** online, via the IY (UK) website: (<https://iyengaryoga.org.uk/supporter-non-teacher-membership-renewal-2017/>).

Membership for non-teachers is just £12 for the year and entitles you to early booking opportunities and discounts on **SWLSIYI** events, as well as membership of IY (UK).

Once you have received your membership (or renewal) confirmation, please forward this to the SWLSIYI Gmail address to book your place for the workshop.

Priority booking for SWLSIYI members until 7th March.