



PROFESSIONAL DEVELOPMENT DAY ON 3RD JULY 2016

We at **SWLSIYI** are pleased to be hosting our fourth annual IY (UK) PD Day on Sunday 3rd July, with Senior teacher **Susan Long** as Moderator. The morning session this year will focus on "The Art of Adjustment" and attendees will be asked to teach during this part of the programme. The afternoon session will consist of "An Introduction to Digital Pranayama". PD Days are for fully qualified, paid up teacher members of IY (UK) Ltd.

The day will last from **11am-5pm** and there will be a short break for lunch, which you should bring, together with a flask (to avoid excess waste please) if you would like a hot drink.

Payment of **£24** confirms your booking but please do check via e-mail, swlsiyi@gmail.com, or with Anita on 07771 642 883, that a place is available before making a BACS transfer or sending a cheque. Your payment confirms your place which will be held for seven days from the date of booking, at which point it may be released if we have not yet received your payment. These days are always oversubscribed so please book soon to secure your place.

Venue:

Iyengar Yoga Studio (Tooting)
Trident Business Centre,
Unit B006, 89 Bickersteth Road,
London SW17 9SH
Website: www.iyyoga.com

Booking and Payment

BACS: Account no: 65389520, sort code: 08-92-99, with your name as a reference.
Cheques: make payable to SWLSIYI and send to Anita Phillips, 112 Chestnut Grove,
London SW12 8JJ

Formal receipts will be sent by e-mail just after the event. Anita does not have regular access to SWLSIYI bank records, so confirmation of receipt of BACS transfers will not be done immediately but at regular intervals.