


# SWLSIYI

SW LONDON & SURREY IYENGAR YOGA INSTITUTE

<b>Yoga Workshop</b>	<b>Sunday 7<sup>th</sup> July from 2:30pm to 5:30pm</b>  <b>With Kiran Chothe</b>
<b>AGM</b>	<b>Sunday 7<sup>th</sup> July 12:45-2:15pm</b>  Everyone is warmly welcomed to attend the AGM before the workshop and find out about how you can become more involved in Iyengar yoga in your local community.
	<b>About Kiran ....</b>  Kiran has studied in <i>Ramamani Iyengar Memorial Yoga Institute (RIMYI)</i> in Pune, India since 1991, that being the city of his birth. He has been living and teaching in Budapest for the last 5 years and we are pleased to welcome him to teach for our Institute following his relocation to London. He holds an Intermediate Junior - Level 3 certificate.  This will be a unique opportunity to work in the 'Pune' style direct from India.
<b>£30 SWLSIYI members</b> <b>£33 non-members</b>  <b>Email SWLSIYI</b> <a href="mailto:swlsiyi@gmail.com">swlsiyi@gmail.com</a> to reserve your place on the Workshop  <b>Pay in advance</b> by bank transfer or by cheque.  <b>Bank transfer:</b> SWLSIYI bank details for your payment: A/c number: 65389520 Sort code: 08-92-99 Customer Ref field: YOUR NAME. <b>Or send your cheque to:</b> SWLSIYI c/o 16 Victor Road, TW11 8SR.	<b>Where ....</b>  Thames Ditton Centre, Mercer Close, Thames Ditton, Surrey KT7 OBS  This is a lovely venue that SWLSIYI have used many times before. Map & directions: <a href="http://www.elmbridge.gov.uk/css/centres/thamesdittoncentre.htm">http://www.elmbridge.gov.uk/css/centres/thamesdittoncentre.htm</a>  Train: the nearest station is Thames Ditton Station, 10-15 mins walk away. Car: there are 55 parking spaces on site.
	<b>What to bring .....</b>  Please bring your own yoga equipment, as there is none at the venue. Try and bring everything that you normally like to use in a yoga class: mat, foam pads, brick, belt, blanket.
	SWLSIYI .....  Phone: 07504 126 078 Email: <a href="mailto:swlsiyi@gmail.com">swlsiyi@gmail.com</a> Website: <a href="http://www.swlsiyi.org.uk">www.swlsiyi.org.uk</a>

