

## First Aid Day Saturday 24<sup>th</sup> February 2018 1 – 7pm Iyengar Yoga Studio, Unit B006, Trident Centre, 89 Bickersteth Road, Tooting, London SW17 9SH

The course will be delivered by Garry Harvey of E-magination Training. Garry has been running annual First Aid courses for **SWLSIYI** since 2014 and we've received nothing but excellent feedback about his work. This is a certified training course meeting HSE standards in the workplace. Attendees will be given continuous assessment as well as a theory test (introduced 1st Sept. 2017) and upon successful completion awarded with an **Emergency First Aid at Work Level 2** certificate, valid for three years. This is the certificate required by candidates for the lyengar Introductory Level assessment, and maintained by many teachers.

Priority booking is open to **SWLSIYI** members until 1<sup>st</sup> January; after that date, bookings will be open to non-members.

The fee is £65. Please contact **SWLSIYI**, **swlsiyi@gmail.com** to make sure a place is available before sending your payment. Your payment confirms your place which will be held for seven days from the date of booking, at which point it will be released if we have not yet received your payment.

**BACS** transfers are preferred please. Details are: account no: 65389520, sort code: 08-92-99. Please be sure to add your name as a reference. **Cheques** (if you must) should be made payable to **SWLSIYI** and sent to Anita Phillips, 112 Chestnut Grove, London SW12 8JJ.

**Venue:** Free **parking** can be found on Rectory Lane and other roads in the Amen Corner area. Past Rectory Lane, look for Crowborough Road, then continue in that direction. These streets have one-hour controls for resident parking on weekdays, but parking is unrestricted on Saturdays. The nearest **Underground** station is Tooting Broadway (Northern line). A number of **bus** routes stop nearby, and the over ground **train** station is not far.

**Do be sure to arrive promptly!** If the course begins before you arrive, you'll be ineligible to receive the certificate.

Please bring a light **lunch**, and a drink. Hot drinks may be purchased at a cafe nearby.